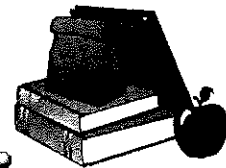


Service



What Is Service?

Service is giving to others and wanting to make a difference in their lives. It is looking for ways to be helpful instead of waiting to be asked. The needs of others are as important to you as your own. When you work with a spirit of service, you give any job your best effort. You make a real contribution. People who want to be of service can change the world.

Why Practice It?

Without service, no one would be there to help when someone needed help unless they were going to be paid or had some selfish motive. With an attitude of service, we do our work with heart. People feel our compassion. When we are being of service, we accomplish everything that has to be done without anyone having to ask. We give our best.



How Do You Practice It?

When you want to be of service, watch to see what help people need. Then do something to help. Look for little ways to make life easier or happier for them. When you work, do it in a spirit of service, giving it your very best. You can serve the earth by not wasting things, re-using and recycling. There are lots of wonderful things you can do to make a difference in the world.

The Virtues Project



What would Service look like If...

- It is raining and your mother is coming up the road without an umbrella?
- You have a job to do for your family?
- You wonder how you can serve the world when you grow up?
- You notice your family throws away a lot of garbage?
- A new student in your school looks a little lost?
- Your teacher is struggling to carry an armful of materials?

Signs of Success

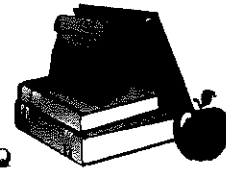
Congratulations! You are practicing Service when you...

- Want to make a difference in the world
- Look for opportunities to be of service to others
- Think of thoughtful things to do to help your family and friends
- Work with enthusiasm
- Don't wait to be asked when something needs doing
- Do your part to care for the earth: recycle, reduce and re-use.

Affirmation

I look for opportunities to be of service. I do not wait to be asked. I am thoughtful of others. I make a difference in the world.

Activities with Service



Service Project

1. Brainstorm the needs students see in their town or in the world. Ask "What touches your compassion?"
2. Choose a simple act of service that can make a difference and is respectful to those who will be helped.
3. Create task force groups in your class to do different parts of it, keep a log of activities, and report each week.
4. Be sure to celebrate the completion of your service project, with a simple ritual like a gratitude circle. "I am thankful for... I am glad we could..." or a party.



Virtues Reflection Questions

- ❶ How do you feel when you do something of service for someone else?
- ❷ Name three ways your parents are of service to you.
- ❸ Name three ways you are of service to your family?
- ❹ What difference does it make to do your work with a spirit of service?
- ❺ How do you show you care about others?
- ❻ Name people you know about who need others to help them.



Drawing Service

Draw someone doing an act of service for someone or something.



Poster Points

- ❶ At your service.
- ❷ Reduce, re-use, recycle.
- ❸ It's a small world.
- ❹ Taking care of each other and our world.



Quotable Quotes

"Everybody can be great...because anybody can serve. You don't have to have a college degree to serve. You don't have to make your subject and verb agree to serve. You only need a heart full of grace. A soul generated by love."

Martin Luther King, Jr.

"Great works do not always lie in our way, but every moment we may do little ones excellently, that is, with great love." St. Francis de Sales

"I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble."

Helen Keller

"The real value of your life can only be gauged by what it gives to the world."

Sir Wilfred Grenfell

"The need for devotion to something outside ourselves is even more profound than the need for companionship ... we all must have some purpose in life; for no man can live for himself alone." Ross Parmenter