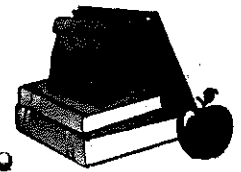
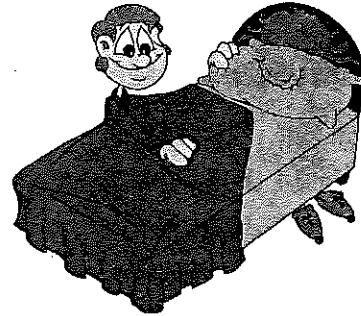


# Reliability



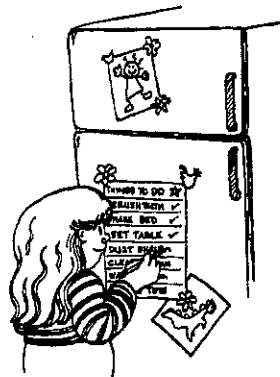
## What is Reliability?

Reliability means that others can depend on you to keep your commitments. Reliability is doing something that you have agreed to do in a predictable way, without forgetting or having to be reminded. When you practice reliability, you really care about doing what you said you would do. Other people can relax knowing it is in your reliable hands.



## Why Practice It?

When people are unreliable, others can't trust them to keep their promises. If airplanes, trains or buses are late, passengers can miss important appointments. If someone keeps forgetting to do what they said they would do, they let people down. When you are reliable, people can trust you to show up on time, be where you promised to be, to put tools away, to get the job done.



## How Do You Practice It?

You practice reliability by making agreements you can keep. Then do everything in your power to do what you agreed to do. Give your best effort to every job, and take your responsibilities seriously. Plan ahead and leave enough time to finish what you start. If problems arise, find another way. Return what you borrow. Most of all keep your word.

## What would Reliability look like if...

- You agreed to be home by a certain time and a friend invites you to do something fun?
- It is your turn to do the dishes and you're not in the mood?
- You promised your Mom you would brush your teeth after breakfast and the school bus is coming?
- Some friends are building a clubhouse and you agreed to bring the nails, but discover your parents don't have any?
- Your part of a team report is due tomorrow and you feel too sleepy to finish it?
- You borrow one of your father's tools?

## Signs of Success

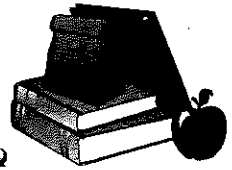
Congratulations! You are practicing Reliability when you...

- Make promises you can keep
- Treat your agreements seriously
- Plan ahead
- Do your best
- Finish on time
- Find another way if obstacles occur

## Affirmation

*I am reliable. I keep my promises. Others can depend on me. Nothing can stop me from giving my best.*

# Activities with Reliability



## Activities with Reliability

- Name the things you do on which others rely. (Feed your pet, make your bed).
- Name the things you do on which you rely. (Brush your teeth, remember your homework).
- Describe your morning routine. How reliable are you about getting out of the house on time? What would help you to be reliable?



## Virtues Reflection Questions

- What would happen to pets if their owners were unreliable?
- How do people feel about people who keep forgetting to do what they promised?
- What helps you to remember to be reliable about returning borrowed things?
- How can reliability help you in your future job?
- What is important about reliability?
- What does reliability have to do with success?



## Poster Points

- You can count on me.
- I'm here for you.
- Regular as clockwork.
- On time every time.
- Consistently dependable.



## Quotable Quotes

*"The shifts of Fortune test the reliability of friends."* Cicero

*"An honest man's word is as good as his bond."*  
Cervantes

*"And I to my pledged word am true.  
I shall not fail that rendezvous."* Alan Seeger

*"The only time you can't afford to fail is the last time you try."* Charles Kettering

*"Lean on me, when you're not strong. I'll be your friend. I'll help you carry on."* Song

*"Choices and follow through, that is all that separates the 'champions' from the 'also rans.'"*  
Jim Paluch



## Drawing Reliability

Draw a picture of yourself taking care of a responsibility reliably.