Ocdecliness



What is Orderliness?

Orderliness is being neat, and living with a sense of harmony. It is being organized and having a place for things when you need them. Orderliness is planning something so that it works, doing it step by step instead of going in circles. Orderliness is putting first things first, and taking care of things you need to do.

Why Practice It?

When people are orderly, they get things done efficiently, without wasting time and effort. Without order there is confusion, and it is easy to lose things. People who need to do things quickly and skillfully need to be very orderly. What would happen if doctors and fire-fighters misplaced the tools they need to save lives? When you are orderly you can find a solution to any problem.



How Do You Practice It?

Decide how you want to arrange the space around you to keep it orderly and attractive. Have a place for your things and put them away when you finish using them. Orderliness helps you do things efficiently, by making a plan and following it, step by step. Orderliness can help you solve even difficult problems. Divide them into small parts and handle them one at a time. Order around you creates order inside you. It gives you peace of mind.





What would Orderliness look like if...

- You look at your room and see a big mess?
- You finish playing with a game that has lots of pieces?
- You find it really hard to deal with some problem?
- You're running around the school yard and hear the bell?
- You're on a hike and don't know where to put the trash from your lunch?
- You have a big job to do?

Signs of Success

Congratulations! You are practicing Orderliness when you...

- Have a place to put each of your things
- Put your things away in the same place each time
- Have a plan before your begin any job
- Solve problems step-by-step
- Create a harmonious space that gives you peace of mind
- Appreciate the beauty and order of nature

Affirmation

I live this day with order. I do things step by step. I create beauty and harmony in my space and in my life.

Activities with Ordersiness





Beauty and Order

- In teams, organize and neaten your classroom space. Decide what would beautify it.
- Make a plan for putting your own space at home in order.

An Orderly Plan

Brainstorm a problem such as how to eliminate bullying and come up with a step-by-step plan.

Step-by-Step

- Write down each step of your morning routine.
- Write down each step of how to prepare your favorite snack.
- List the things you want to do this weekend and put them in order of priority.



Virtues Reflection Questions

- What does it feel like to be in a messy place?
- What does it feel like to be in a clean, orderly place?
- What is our responsibility to the earth in preserving order and beauty?
- What happens inside you when you keep things around you in order?
- What are some problems that feel difficult to solve?
- Name three steps you can take to solve one of those problems.
- What would you like to do in a more orderly way?



Drawing Orderliness

Draw a picture of the perfect bedroom with exactly what you would like to have in it and everything placed just where you want it.



Poster Points

- A place for everything.
- Everything in its place.
- Step-by-step.
- All my ducks in a row.
- Harmony in my life and in my space.



Quotable Quotes

"The journey of a thousand miles begins with a single step." Confucius

"Order and simplification are the first steps toward mastery of a subject – the actual enemy is the unknown." Thomas Mann

"Art and science cannot exist but in minutely organized particulars." William Blake

"Order is not a pressure which is imposed on society from without, but an equilibrium which is set up from within."

Jose Ortego Y Gasset

"If you don't know where you're going, any road will take you there." Lewis B. Carroll