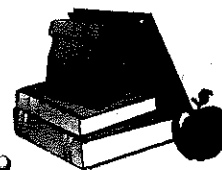
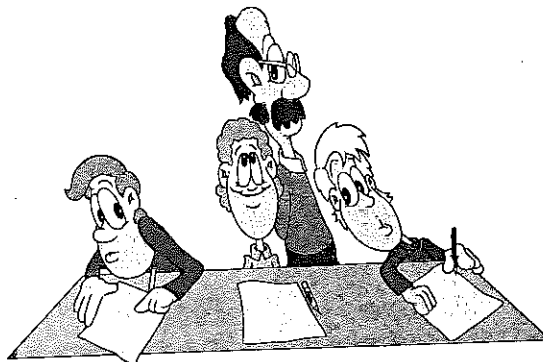


Honor



What Is Honor?

Honor is living with a sense of respect for what you believe is right. It is living by the virtues, showing great respect for yourself, other people, and the rules you live by. When you are honorable, you don't have to feel ashamed of who you are or what you are doing. You are worthy of respect. You set a good example.



Why Practice It?

Without honor, people act disrespectfully and do things which make them and others feel ashamed. They just do what they want without caring about the virtues or whether it is right or wrong. When someone is honorable, other people trust them to do what is right. Their word of honor means they will do exactly what they promise. People respect and look up to someone who is honorable.



How Do You Practice It?

When you act with honor, you do the right thing regardless of what others are doing. You keep your promises, without anyone reminding or nagging you. You honor your elders by speaking respectfully to them. You honor yourself by being your best, practicing your virtues every day. When you act with honor, you set a good example, not to be admired, but just because it is the right thing to do.

The Virtues Project

What would Honor look like if...

- Your friend told you a secret?
- You are mad at your mother when she asks you to do something?
- A friend tries to get you to steal some money to go to a movie?
- You find some money in the school hallway?
- Everyone is teasing a child in the playground?
- You promised to practice your instrument while your parents are out?

Signs of Success

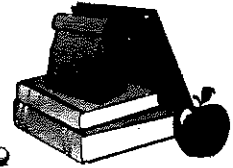
Congratulations! You are practicing Honor when you...

- Practice your virtues
- Keep your word
- Respect the rules you want to live by
- Do what you believe is right no matter what
- Set a good example for others
- Avoid doing things which make you feel ashamed

Affirmation

I am honorable. I keep my agreements and treat others with respect. I live by the virtues. I care about doing the right thing.

Activities with Honor



Code of Honor

Create a code of honor for your school or class that reflects the values and ground rules you have.



Virtues Reflection Questions

- ❑ Name a character from a story or film who lives honorably?
- ❑ Name a person you know you can trust because that person is honorable.
- ❑ Name three things that are in your personal code of honor, the rules you want to live by.
- ❑ How can you make sure to keep your agreements?
- ❑ How could you be honorable after making a mistake?
- ❑ Practice honoring people in your class by saying "I honor you for the virtue of ... (name a virtue you see in them.) and I see it in you when you..."
- ❑ How can you be loyal to your friends and honorable to what you think is right even when they don't?



Drawing Honor

Create your personal shield of honor, the virtues that are in your own code of honor and drawings that represent these strengths. Do it in four quadrants. Put in the top left

quadrant one of your strength virtues, in the top right quadrant one of your family's strength virtues, in the lower left, the word "Joy", in the lower right one of your challenging or "growth" virtues, one that needs to grow. Draw a symbol or illustration of the virtue in each quadrant.



Poster Points

- ❑ On my honor.
- ❑ Word of honor.
- ❑ Code of honor.
- ❑ Doing the right thing.



Quotable Quotes

"If peace cannot be maintained with honor, it is no longer peace." John Russell

"My honor is dearer to me than my life." Cervantes

"Piety requires us to honor truth above our friends." Unknown

"There is no pillow so soft as a clear conscience." French proverb

"If you wouldn't write it and sign it, don't say it." Anonymous

"If you seek what is honorable, what is good, what is the truth of your life, all the other things you could not imagine come as a matter of course." Oprah Winfrey