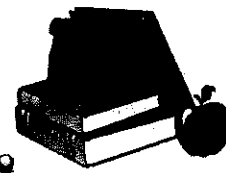


# Creativity



## What Is Creativity?

Creativity is the power of imagination. Creativity is a way to develop your special talents. It is seeing something in a new way, finding a different way to solve a problem. Creativity is using your imagination to bring something new into the world.

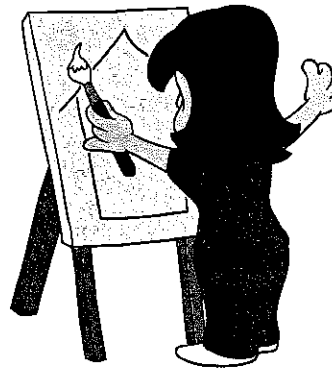
## Why Practice It?

Without creativity, life would be boring. There would be no inventions or advancement in the world. Things would just stay the same. We wouldn't have cars, planes, computers, dance or music. The arts bring joy to the world. Sciences bring cures for disease and new ways to get things done. Creativity helps us to be all we can be.



## How Do You Practice It?

You practice creativity by developing your gifts to the fullest. Find out what interests you and what you are good at. Learn and practice, so your talents will get better and better. Do ordinary things in creative ways. Expose yourself to beauty in nature and in the arts. Be open to inspiration. Remember to take time for dreaming.



## What would Creativity look like if...

- You wish you could play an instrument?
- You get an idea for designing a new toy?
- The method you use for cleaning your room takes too long?
- You wonder if you could write a poem?
- A friend is having a birthday and you don't want to spend much money on a gift?
- You are spending too much time watching television?

## Signs of Success

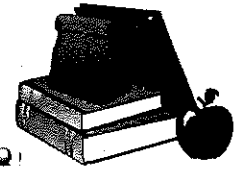
Congratulations! You are practicing Creativity when you...

- Discover your gifts
- Use knowledge and training to develop them
- Think of new ways to make things work better
- Use your imagination
- Take time for dreaming
- Do things in your own creative way

## Affirmation

*I am creative. I have special gifts and I am willing to develop them. I use my imagination. I am open to inspiration. I am happy to be myself.*

# Activities with Creativity



## Activities with Creativity

- Write a poem or a make up a song. Create a dance. Make up a skit.
- Tell a progressive story, by starting it and allowing different students to finish it. "Once upon a time there was a \_\_\_\_ and (he, she, it) was very \_\_\_\_ ... and they lived happily ever after."
- "Thingamabob": Take some ordinary objects such as discarded cereal boxes, macaroni, toilet paper rolls, etc. and have students make one large interesting object out of them, or each do one small creation.
- Read "Stone Soup" by Marcia Brown and talk about how creativity saved the soldiers.



## Virtues Reflection Questions

- Name three people in history who have done creative things that have made a big difference in our lives today.
- What does your mother create? Your father? Your teacher?
- What are some new ideas you have come up with?
- What is a talent you would like to have? How will you find out? How can you develop it? Read a story about someone such as Thomas Alva Edison, Albert Einstein or Madame Curie and ask the group to say what about them was creative?
- Describe a problem you know about. What is a creative way to solve it?



## Drawing Creativity

Draw a picture of yourself doing something creative (dancing, singing, doing a science project, coming up with a new invention).



## Poster Points

- Express yourself.
- Be all that you can be.
- Discipline in service of a vision.
- One of a kind.
- A gifted child.
- Expose yourself to beauty.
- Play with ideas.



## Quotable Quotes

*"Without this playing with fantasy no creative work has ever yet come to birth. The debt we owe to the play of imagination is incalculable."*  
Carl Gustav Jung

*"... Whatever you can do, or dream you can... begin it. Boldness has genius, power, and magic in it."* Johann Wolfgang von Goethe

*"A man's life is dyed the color of his imagination."* Marcus Aurelius

*"There comes that mysterious meeting in life when someone acknowledges who we are and what we can be, igniting the circuits of our highest potential."* Rusty Berkus

*"Insanity is when we keep doing the same things expecting different results."*  
Albert Einstein